

# EXPLORING FOOD GROUPS

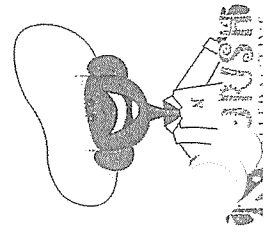
Identify the Food Groups found in each of the Combination Foods

Combination food	Grains Group	Milk Group	Vegetable Group	Fruit Group	Meat Group	other group
Lasagna						
Bean Burrito						
Ham and Cheese sandwich						
Smoothie						
Sausage pizza						
Cheeseburger						
Peanut butter and jelly sandwich						
Macaroni and cheese						
Chicken noodle soup						

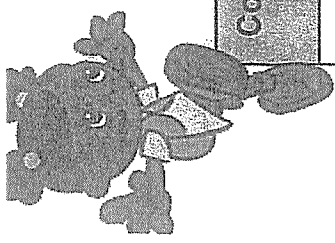
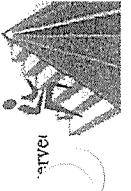
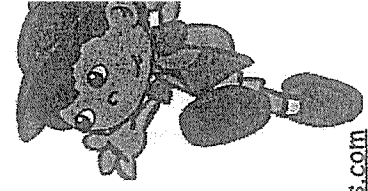
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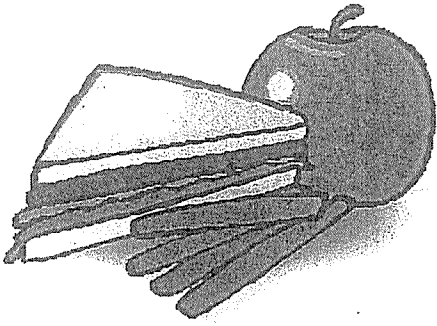


# FINDING THE FOOD GROUPS

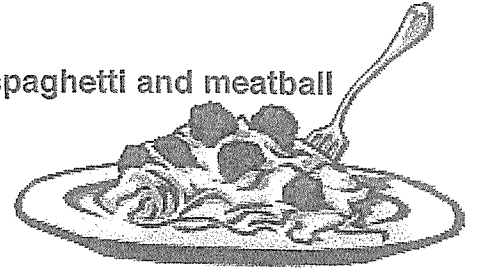
Combination Food have more than one Food Group.  
Help the explorers find all the food groups in each of these dishes.

Write your answers below the food

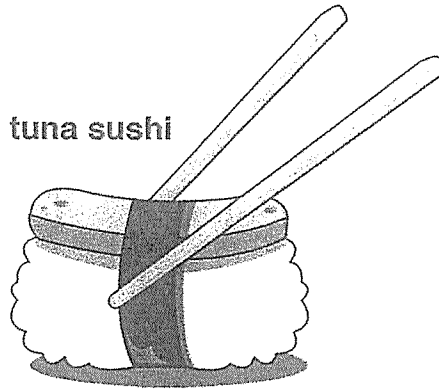
ham and cheese sandwich lunch



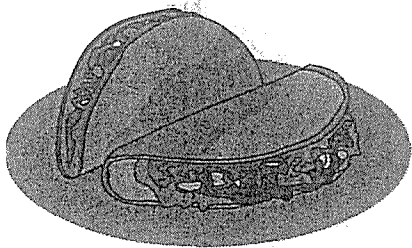
spaghetti and meatball



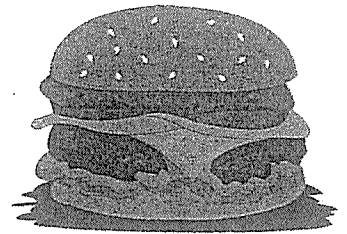
tuna sushi



beef tacos



cheeseburger



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